



DRUGS, ALCOHOL AND TEENS DON'T MIX

Teens are under incredible pressure to fit in, get good grades, make the team... the list goes on. Some teens turn to alcohol or drugs to cope with the stress or to be a part of a peer group. But the earlier teens begin to experiment and use, the greater the likelihood of experiencing negative consequences or developing long term abuse and addiction.

Before your teen loses his or her way due to drug and alcohol experimentation, use, and abuse, make the call to the Thelma McMillen Recovery Center Teen Program for a confidential assessment at no charge. Our trained professionals can help determine if your teen is having problems with drugs or alcohol, and can recommend the best approach for his or her unique needs.

BECAUSE IT MAY NOT BE "JUST A PASSING PHASE"

The program is contracted with and covered by most insurance plans. Financial assistance plans are also available.

TAKE THE FIRST STEP IN THE RIGHT DIRECTION

Call 310.257.5760 for a confidential consultation at no charge. Please call us to schedule a complimentary consultation with one of our professionals.

ThelmaMcMillenRecoveryCenter.com

THELMA MCMILLEN RECOVERY CENTER TEEN PROGRAM

Part of Torrance Memorial Medical Center, the Thelma McMillen Recovery Center offers an intensive outpatient alcohol and drug treatment program for adolescents, serving youth ages 13 through 17. It is designed for adolescents who need an intensive and structured program to get back on a healthy path, but do not require inpatient care.

The Thelma McMillen Recovery Center Teen Program comprises a multidisciplinary treatment team dedicated to treating the whole person – mind, body, and spirit. Team members include:

- **Psychiatrists**
- **Psychologists**
- **Marriage and Family Therapists**
- **Certified Chemical Dependency Counselors**

Incorporating a combination of individual, group, and family counseling, along with educational, mentoring, and support programs, the Thelma McMillen Recovery Center Outpatient Program is divided into three separate phases:

- **Phase I – Intensive Care**
- **Phase II – Transitional Care**
- **Phase III – Continuing Care**

At every phase of treatment, the individual will continue to remain in school, live within the family home, recover within their real life environment, and learn to develop a healthy lifestyle. Family involvement at every phase is a key to helping return to a full and rewarding life without drugs and alcohol.

A confidential assessment is available, at no charge, to anyone seeking help. We also provide free drug testing for teens. Please call 310.257.5760.



THE THELMA MCMILLEN RECOVERY CENTER IS A FREE-STANDING FACILITY THAT INCLUDES:

- Separate entrance, waiting and treatment area for adolescents
- Free parking adjacent to the Center
- Programs covered by most insurance plans